**CHAPTER 7, EMBODIMENT, BEAUTY, AND THE VIEWER**

ADDITIONAL RESOURCES

READ

[Barbie Doll, Marge Piercy](https://www.poemhunter.com/best-poems/marge-piercy/barbie-doll/) (in *Circles on the Water: The Selected Poems of Marge Piercy*), 1982

(poem)

Pointed critique of a world that reduces girls to their body parts.

[The Best Skin-Care Trick Is Being Rich](https://www.theatlantic.com/health/archive/2019/01/skin-care-secret-wealth/579337/), Amanda Mull, *The Atlantic*, January 3, 2019 (nonfiction/article)

The trick of good skin isn’t drink water, sleep more, wear sunscreen (although those are good things to do). Turns out the best trick, though, is be rich.

*Built To Win: Female Athlete as Cultural Icon*, Leslie Heywood & Shari Dworkin, 2003 (nonfiction/book)

A cultural analysis of the rise of female athletes and the media imagery that surrounds them. The discussion includes feminist debates, Heywood’s personal experience as a powerlifter, and interviews with school children.

[Burt Reynolds Changed the Gaze](https://www.nytimes.com/2018/09/06/style/burt-reynolds-dead-cosmopolitan.html), Guy Trebay, *The New York Times*, September 6, 2018

(nonfiction/essay)

When Burt Reynolds posed nude for Cosmopolitan magazine in 1972, he helped propel a public

discussion about what (heterosexual) women desire.

[Everything You Wear Is Athleisure](https://www.theatlantic.com/ideas/archive/2018/10/bicycle-bloomers-yoga-pants-how-sports-shaped-modern-fashion/574081/), Derek Thompson, *The Atlantic*, October 28, 2018

(nonfiction/article)

The 100-year history of how sports changed the way Americans dress.

[Everywhere and Nowhere: What It’s Really Like to be Black and Work in Fashion](https://www.thecut.com/2018/08/what-its-really-like-to-be-black-and-work-in-fashion.html), Lindsay Peoples Wagner, *New York Magazine*, August 23, 2018 (nonfiction/essay)

Behind the scenes of the fashion industry, writes Wagner, black people are seldom found in positions of power.

*Hunger: A Memoir of (My) Body*, Roxane Gay, 2017 (nonfiction/memoir)

Gay writes about her sexual assault and about being fat in a fat-phobic world.

[Part-Time Fatso](https://books.google.com/books?id=XtLWPWNO8gUC&pg=PA139&lpg=PA139&dq=Part-Time+Fatso&source=bl&ots=pO7xK5C-us&sig=ACfU3U2UBgZPU1SmO6WIx16OxHEPRTwomg&hl=en&sa=X&ved=2ahUKEwjL3-mzyqzgAhWJPY8KHSanAyQQ6AEwAXoECAQQAQ#v=onepage&q=Part-Time%20Fatso&f=false), Bear Bergman (in *The Fat Studies Reader*), 2009 (essay)

The transgender author notes, “Whether I’m fat depends on whether … the people looking at me

believe me to be a man or a woman.” Excerpts available on Google Books.

*Visibly Muslim: Fashion, Politics and Faith*, Emma Tarlo, 2010 (nonfiction/book)

An exploration of the veil or hijab largely through sketches of the lives of women who wear them.

[Why Ancient Greek Sculptures Have Small Penises](https://www.artsy.net/article/artsy-editorial-ancient-greek-sculptures-small-penises), Alexxa Gotthardt, *Artsy*, January 21, 2018 (essay)

Ancient Greek ideals of male beauty (and the penis).

LISTEN

[When Women’s Rights Meet Botox](https://www.theguardian.com/commentisfree/audio/2016/oct/15/when-womens-rights-meet-botox-what-would-a-feminist-do), What Would a Feminist Do?, 23 mins

Interview with Dana Berkowitz, author of Botox Nation. The aging process and the choices

women face.

[Something We Think About a Lot: Pubes](https://www.thecut.com/2018/11/the-cut-on-tuesdays-podcast-episode-7-pubes.html), The Cut on Tuesdays, November 27, 2018, 38 mins

What’s the deal with pubic hair?

WATCH

[Bikes and Bloomers](https://www.youtube.com/watch?v=-FHObxGoBvA), Kat Jungnickel, Goldsmiths Research Questions, 2018, 4 mins (video clip)

The invention of women’s convertible cycling skirts in Victorian England (also a [42-minute lecture](https://www.youtube.com/watch?v=7cq9A0MeVKI) available on the same topic).

[Enough with the Fear of Fat,](https://www.ted.com/talks/kelli_jean_drinkwater_enough_with_the_fear_of_fat?language=en) Kelli Jean Drinkwater, TEDx, November 22, 2016, 10 mins (TED talk)

An artist confronts fat phobia through art.

[The Female Gaze](https://www.youtube.com/watch?v=pnBvppooD9I), Jill Soloway, TIFF Talks, September 11, 2016, 58 mins (lecture)

Jill Soloway, creator of Transparent, talks about the female gaze and what it could bring to film and television.

Good Hair, Jeff Stilson, Director, 2009, 1 hr 36 mins (documentary)

Chris Rock explores the business and aesthetics of African American hair. Available on YouTube, Amazon Prime Video, iTunes and more.

Miss Representation, Jennifer Siebel Newsom & Kimberlee Acquaro, Directors, 2011, 1 hr 25

mins (documentary)

Underrepresentation of women in positions of power and the media’s misrepresentation of

Women. Available on Amazon Prime Video.

Zoot Suit, Luis Valdez, Director, 1981, 1 hr 43 mins (film)

A fictionalized account of the Sleepy Lagoon murder case that preceded the zoot suit riots. Available on YouTube, Amazon Prime Video, Google Play, and more.