

Helpful Resources

Career Guide in Criminal Justice

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Chapter 6: Physical Fitness Requirements and the Importance of Overall Health Working in the Field of Criminal Justice

Below are links to various physical fitness requirements with different criminal justice employers:

- U.S. Marshals Service
 - Fitness standards for women:
https://www.usmarshals.gov/careers/fitness_women.html
 - Fitness standards for men:
https://www.usmarshals.gov/careers/fitness_men.html
- U.S. Secret Service
<https://www.secretservice.gov/join/training/fitness/>
- DEA Basic Agent Training
<https://www.dea.gov/careers/agent/DEA%20Basic%20Agent%20Training%20-%20Physical%20Fitness%20Manual%20PTT%20Protocols.pdf>
- ATF
<https://www.atf.gov/careers/pre-employment-physical-task-test>
- FBI Physical Fitness Test (PFT) Protocol
https://www.fbijobs.gov/sites/default/files/PFT_Guide.pdf